Nourishing Hands Inc.

Mentor Match-up Information Sheet

Your Mentor Is:

**(Mentor Name)**

She is a self-employed, part-time Change Management Consultant. She works with clients wanting a career change or personal growth. She is also a Certified Mediator and a Certified Hypnotherapist. She has worked with computers for 20 years. She was an usherette in high school in an all-girls drum & bugle corp. She loves to hike!

Why does she want to be a mentor?

“it gives me the opportunity to provide the guidance of acceptance-of-self and understanding-of-self at an earlier stage in life.”

Her Birthdate is 6/2.